



Planning the Perfect Superbowl Party

Written On January 31, 2011 By [Bob Kraft](#)

We're less than a week away from the Super Bowl now, and many people are firming up their plans for viewing parties. This article that I stole from the good people at MADD has some good tips for your own Super Bowl party — how to have fun and stay safe. At the MADD site you can learn more about the organization, and can make a donation to the group.

There's a reason it's called throwing a party – a host has to be ready for the occasional trick play and juggle the unexpected when it comes to staging an event that's fun, entertaining and safe for everyone. Responsible hosts know that part of showing guests a great time is making sure they get home safely. Dealing with safe driving is an important hosting duty so we've compiled some quick tips to help you throw a completion this season:

Kraft & Associates
2777 Stemmons Freeway
Suite 1300
Dallas, Texas 75207
Toll Free: (800) 989-9999
FAX: (214) 637-2118
E-mail: info@kraftlaw.com

Plan activities. Planned activities like party games, door prize drawings or amateur fortune-telling engage people, make for less active consumption of alcohol and ensure that your friends remember the great event long after the last touchdown was thrown.

Avoid mixers. Mixers won't help dilute alcohol. Carbonated mixers like club soda or tonic water cause alcohol to be absorbed into a person's system more quickly. Fruit juice and other sweet mixers mask the taste of alcohol and may cause people to drink more.

Designate sober drivers. As guests RSVP, confirm that at least one person in each group is prepared to be the non-drinking designated driver.

Provide plenty of food. Food helps prevent guests from drinking on an empty stomach, which causes guests to get intoxicated faster.

Avoid too many salty snacks. They tend to make people thirsty and drink more.

Offer non-alcoholic beverages. Give beverage options that don't involve alcohol to designated drivers and others who prefer not to drink alcohol.

Respect 21. Never serve alcohol to someone under the legal drinking age, and never ask children to serve alcohol at parties.

Be ready to step in. Despite your efforts, if some of your guests have had too much to drink, drive them home, arrange for a ride with another guest who is sober, call a taxi or invite them to stay over.

Don't commit a party foul! Use these tips to help throw a party that sails into the end zone.

Kraft & Associates
2777 Stemmons Freeway
Suite 1300
Dallas, Texas 75207
Toll Free: (800) 989-9999
FAX: (214) 637-2118
E-mail: info@kraftlaw.com