

Go Ahead.... BRAG to Yourself

Posted by [Martha Newman, J.D., PCC, TopLawyerCoach, LLC](#) • March 12, 2010 • [Printer-friendly](#)

Build Up Confidence and Boost Your Ego by Making a Victory File



Don't cringe at the word **BRAGGART** - embrace it!

People who are trying to work on their self image and build confidence need to remind *themselves* regularly of their **PERSONAL VALUE** and **EXEMPLARY WORK RECORD**.

Why? Because focusing on past successes rather than failures is a huge motivator and confidence booster.

Here's the way to keep your successes upmost in your mind:

Keep a victory file!

Top Lawyer Coach, LLC
601 Penn Street
Fort Worth, TX 76102

817/992-6711
newman@toplawyercoach.com



Victory files are actual, tangible files made up of:

- Glowing reviews.
- Certificates of merit.
- Letters of recommendation.
- Memos, handwritten notes, and emails of appreciation, congratulation, and/or admiration.

Victory files - aka brag books - are compiled and used by thousands of attorneys who need a little boost every now and then. Many lawyers even flip through their files regularly to keep their confidence intact.

A victory file may also come in handy during times of change or stress, like before a job interview or an important presentation.

Whenever your confidence is the least bit shaky, reading a victory file will help you renew faith in yourself. **Keep it and use it as a reminder of how successful you really are.**

Top Lawyer Coach, LLC
601 Penn Street
Fort Worth, TX 76102

817/992-6711
newman@toplawyercoach.com

