

## How to Handle Brain Injuries Prognosis

by [Traumatic Brain Injury Attorneys](#) on 08/03/10 at 3:26 pm

A prognosis will give you a fair indication of what to expect after a [medical disaster or problem](#). However, you cannot expect the doctors to say with finality exactly what will happen, because often the body has a way of answering that on its own.

For instance, most physicians offering [brain injuries](#) prognosis stay on the conservative side. This is because the brain is a very complex organ that affects so many other bodily functions. Thus, doctors will usually be giving a conservative prognosis after the brain injury has occurred because only time will tell the extent of the injuries.

In the same manner, even if you know someone who had a *brain injury* and recovered, you cannot compare and expect a similar outcome. Each [brain injury](#) is distinct from any other. Thus, it could take months or years for complete healing, and sometimes, complete healing never happens.

Two factors that determine the prognosis of a *brain injury* would be whether the patient is in a coma and the severity of the coma; and the extent of the physical injury to the brain. The longer the patient stays in a coma after the accident, the more difficult rehabilitation will be. His muscles will atrophy which means they will shrink unless exercised by someone else, and there will be post-traumatic stress when he gets out of the coma.

As such, physicians try to minimize the immediate effects of the brain injury like resolving any bleeding and swelling issues. If there is bone fragments or a blood clot, it will have to be operated to remove it. Then, there is the “wait-and-see period” where everyone around will make sure the patient’s condition remains stable and damaged brain cells are given time to heal.

The prognosis while the patient is unconscious will be based on diagnostic tests and machines. Once the patient gets out of the coma, doctors have more room to work. This process of emerging will help them start a more aggressive approach. Speaking, moving, and understanding each other will be the first step. Then, time and patience to see how the body responds to different stimuli will be attempted.

One thing must be stressed. You can never and should never force a doctor to make a prognosis just because you need reassurance. Healing after a brain injury is traumatic and stressful, so taking it a day at a time is therapeutic also for the relatives and friends of the patient. They too will need time to get adjusted to the problem at hand.

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