



[Popularity of Energy Drinks Gives Rise to Heightened Health Concerns](#)

by [John Demas](#) on 01/08/10 at 1:31 pm

While coffee has been a veritable staple for millions of people for centuries, it's only recently that the popularity of canned or bottled 'energy drinks' has exploded onto the market. These drinks are taking the consumer market by storm, and they appear to be particularly popular with young people. While the majority of those who use them do not encounter problems, there is growing concern among health officials that over-using these drinks can not only be harmful, but dangerous.

According to a report published by [WPLG in Florida](#):

“Convenience stores are packed with products to give consumers a quick boost of caffeine.

The stimulant comes in all forms — from drinks to pills to sprays — and is available at almost all locations. But local health officials told KOCO-TV in Oklahoma City that having too much caffeine can be so serious that it requires a call to a poison-control line or a trip to the emergency room, especially for people younger than the age of 19.

Boston pediatrician Dr. John Cohen cautions parents and teenagers to know what they are putting in their bodies, because too much caffeine, he said, could get them into serious medical trouble.

“In my opinion,” Cohen said, “All this stuff should be pulled off the market.”

As would be expected, the American Beverage Association denied the risks involved with these drinks. However, if you have been using these products, take some time to learn more about them so that you don't encounter these problems. If you have been harmed by any of these products, you need the help of [Sacramento defective products attorneys](#) who have years of experience in holding large corporations accountable. Contact Demas & Rosenthal today to schedule a free initial consultation.