

Common Brain Injuries Symptoms

by [Traumatic Brain Injury Attorneys](#) on 06/08/10 at 3:18 pm

The brain is your body's control center. It dictates how you move, talk, eat, feel, sleep, and behave. Nothing you do can be done without the brain, and this is what makes an injury to the brain a serious matter. Although your head can sustain bumps, falls, and minor scrapes, the minute anything penetrates through the skull and touches your brain, you could start experiencing problems. Of course, there are different levels of brain injury, but on your own, you cannot determine this.

What you can do is observe and watch out for changes in your body. Here is a list of the common brain injuries symptoms. These symptoms should be something that happens out of the ordinary, and not something you have been experiencing for several years. Also, it is not indicative of a brain injury if you experience one or more of these symptoms after any strenuous exercise, unless you hit your head hard on something.

- Your pupils become dilated. This means that the black portion of your eye is larger than normal. It can happen to one eye or both eyes.
- You experience clear fluid coming out of your nose or ears. This is spinal fluid and very different in constitution than mucus. It does not have to be flowing out but coming out in drops.
- Blurred, distorted, or double vision combined with not being able to move your eyes or being sensitive to light
- Sudden loss of consciousness
- Difficulty in breathing, dizziness, and feeling of vertigo. This also includes problems with balancing when you get up from the bed or sitting position, walking or running
- High blood pressure, a slower pulse rate
- Headaches, numbness in any of your arms or legs, and sluggishness
- Nausea and vomiting
- Sudden, unexplained loss of memory and inability to make sound judgment on simple matters like crossing the street
- Confusion and easy to be distracted

- Slurred speech patterns or a marked slower speech speed
- Tingling in specific body parts and unexplained and continuous ringing in your ears
- Strange emotional reactions to different situations like crying uncontrollably or laughing for no particular reason
- Bowel and bladder control problems

Technically, whenever your body starts to act differently with no prompting from you, then it is a sign that something is off tangent. Your best response would be to seek medical attention as soon as possible.

Finally, you can also start taking down notes, which includes dates, time, specific events that you might possibly be able to use, especially after an accident. If there are any police reports or doctor's notes and prescriptions, file them for future reference. You can also get a copy of any tests done from the archives of the hospital that attended to you. This is not to say that you will be pursuing a legal case, but having these notes in case you need to switch doctors, or move state will come in handy.

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