

Construction Law in North Carolina

Melissa Dewey Brumback
2840 Plaza Place, Suite 400
Raleigh, NC 27612

Phone: (919) 881-2214
Fax: (919) 783-8991
Email: mbrumback@rl-law.com
Website: constructionlawNC.com

Sleep, perchance to get LEED credit? (Tue Tip)

August 30, 2011 By Melissa Brumback



Sleep. A subject dear to my heart. I currently have a coffee mug at work that says: "Eat. Sleep. Read." Seriously; that's what it says. (h/t to [Malaprop's Bookstore](#) in Asheville for the mug). What does sleep have to do with the subject of construction law besides, that is, the potential of any legalese to cure insomnia? **LEED-sanctioned nap rooms.**

What is that you say? Never heard of such a thing? Well, now you have. There is a move afoot to get the USGBC to give LEED credit (that is, green design credit) for buildings that utilize nap rooms. [According to Rob Freeman of green-buildings.com](#), such **nap-specific spaces might qualify in future LEED rating systems** based on the proven benefits of napping on employee productivity.

I knew there was as reason I loved my naps..... productivity, of course!

Seriously, do you think a "nap room credit" should become part of a future LEED rating system? What about the issue raised by a commenter to the article, that the use of the room might change over time, negating the positive impacts? **Share your thoughts below.**

Photo: [Sleeping on the Job](#) by SEO via Flickr/Creative Commons license.

This document is intended for general informational purposes only and does not provide any legal advice nor create any attorney-client relationship.

Statutes and case law vary from jurisdiction to jurisdiction. Information presented here may not be applicable to any individual situation. You should consult a licensed attorney in your jurisdiction for legal advice relating to your specific situation.

The opinions expressed herein are those of the author and not of Ragsdale Liggett PLLC.

All material in this blog copyright 2009-2011.