

# Bed Sore FAQs

QUESTIONS & ANSWERS FROM A NURSING HOME LAWYER

## What areas of the body are prone to develop bed sores?

Bed sores can develop in any area of the body where pressure is continually applied without relief. Most frequently, we see bed sores in areas of the body that bear a majority of a person's body weight when they sit or lay in one position for long periods of time such as:

- Buttocks
- Sacrum
- Heels
- Back

In addition predominate weight-bearing areas, bed sores (also called: pressure sores, pressure ulcers or decubitus ulcers) can develop in any area of the body where constant pressure against the skin reduces the blood supply to that area, and the affected tissue dies.

Although less common, bed sores can develop in other areas such as:

- The back of the head
- Elbows
- Shoulders
- Ears
- Ankles