

Bed Sore FAQs

QUESTIONS & ANSWERS FROM A NURSING HOME LAWYER

How many calories does a patient with advanced bed sores need to consume?

Specific nutritional requirements should be specified by a treating physician. Nonetheless, in order for the body to heal an advanced bed sore (also referred to as: pressure sores, pressure ulcers or decubitus ulcers) its needs substantially more energy than a health person.

By some accounts, the body requires almost twice as much energy to heal a bed sores compared to a similarly situated 'healthy person'. Most experts estimate the body requires 35-40 calories/kg of body weight to properly heal. Using these suggestions, patients with advanced bed sore would require the following daily caloric intake:

- 100 lbs.: 1,587 – 1814 daily caloric intake
- 150 lbs.: 2,381 – 2,721 daily caloric intake
- 200 lbs.: 3,175 – 3,628 daily caloric intake

Source:

Nursing Homes Abuse Blog: