



## [Do You Need a Brain and Spinal Cord Injury Program?](#)

by [John Demas](#) on 08/18/10 at 12:20 pm

Going through a [life changing experience](#) like a [brain and spinal cord injury](#) is devastating, to say the least. It takes a toll on the victim, his family, his work or business, and it is difficult to quantify the loss in terms of emotional, spiritual and psychological balances. Therefore, the question remains, should a victim or spinal cord patient consider a rehabilitation program? Most definitely, “yes”. Rehabilitation programs are the best option for rebuilding what was once fixed, and making the best of the situation. When one is involved in a rehabilitation program, the chance of recovery is much higher. While it is true that the body can heal itself, it is highly unlikely that a patient can teach himself speech and skills movement without any assistance

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Many individuals that are involved in a *spinal cord injury*, are often prompted to try out a *spinal cord injury* program due to their family and friends encouragement. In fact, when one joins a [spinal cord injury](#) program, not only will they receive the care that they need, but they will also receive encouragement from other individuals that have also been affected as well.

In addition, individuals in spinal cord injury programs receive quality care that includes intensive physical, speech, occupational and recreational therapy. With physical therapy, the brain and spinal cord injury patient will be taught how to regain leg and arm strength and how to use mobility devices to enable them to move freely around. With speech therapy, they will learn how to effectively communicate with others. In addition, with occupational therapy, the individual will learn how to live independently so that they can take care of their needs and cope with physical discomfort as a result of their injury. With recreational therapy, they can play sports and even join special competitions.

Another benefit is that the participant is never judged or ridiculed about their injury. Instead, they will be bombarded with encouragement and support so that they can make the impossible possible. For instance, many patients are encouraged to use creative outlets like painting, writing, singing, and other mediums to express their feelings and themselves. In fact, some past patients that were involved in [spinal cord injury](#) programs, went on to receive national acclaim because they were taught to paint with their toes or mouth so that they could better express themselves and deal with their condition.

Lastly, but most importantly, with the right approach to [brain and spinal cord injury](#) programs, the person will improve. With help from a competent rehabilitation team consisting of a doctor, physical and occupational therapists, social worker, nurse, counselors, and nutritionist, they have all the tools they need to improve.

## **Contact a Spinal Cord Injury Lawyer**

*[Demas & Rosenthal](#) has been representing injury victims for nearly twenty years. We are committed to offering the highest quality representation and level of service. We have extensive experience handling a variety of brain injury and have the resources to take on major corporations and insurance companies; Please do not rely or act solely upon the information provided in this article. Please consider getting a consultation immediately. The [best personal injury law firms](#) will provide a free consultation. [Demas & Rosenthal](#) will provide a free, confidential consultation if you were injured. The free consultation offer extends to family members as well.*