

DIVORCE COACH

MAIN PRODUCTS OF THE DIVORCE COACHING PROCESS:

- **CO-PARENTING RELATIONSHIP**
- **PARENTING PLAN**
- **IMPROVED COMMUNICATION**

THE TASK OF THE DIVORCE COACH IS TO ASSIST THE CLIENT IN FIVE GENERAL AREAS:

- **TO ASSIST THE CLIENT TO CLEARLY IDENTIFY THEIR EXPERIENCES AND TO BE ABLE TO CLEARLY ARTICULATE IT TO THEIR SPOUSE.**
- **DIVORCE COACHES WORK WITH CLIENTS TO INCREASE THEIR AWARENESS OF THEIR IMPACT ON THE SPOUSE TO APPRECIATE THE RECIPROCAL NATURE OF INTIMATE RELATIONSHIPS. AS THEIR UNDERSTANDING AND AWARENESS INCREASES, THEY CAN BECOME LESS REACTIVE TO THE OTHER SPOUSE.**
- **A DIVORCE COACH EXPOSES THE CLIENT TO APPROPRIATE INFORMATION REGARDING MARITAL TRANSITIONS.**
- **THE DIVORCE COACH HELPS THE CLIENTS UNDERSTAND THE NEEDS OF THEIR CHILDREN AND ASSISTS IN THE CREATION OF AN APPROPRIATE PARENTING PLAN.**
- **A DIVORCE COACH ACTS A MEMBER OF THE COLLABORATIVE TEAM.**