

[How to Get the Most From a Coaching Call](#)

Posted by [Cordell Parvin](#) on July 29, 2011

I want you to imagine a coaching session with me. What would be on your agenda? How would you prepare to get the most out of the coaching? If you are working with a client development coach, you may wonder how to be best prepared for a coaching call and how to get the most out of it.

A few years ago I coached [Judy Springer](#), a [Fox Rothschild](#) Family Law partner. Listen to [Judy Springer Coaching Call](#) as she shares how she prepared and got the most from her coaching calls with me.



Cordell Parvin Blog

DEVELOPING THE NEXT GENERATION OF LAW FIRM RAINMAKERS

Cordell M. Parvin built a national construction practice during his 35 years practicing law. At *Jenkins & Gilchrist*, Mr. Parvin was the Construction Law Practice Group Leader and was also responsible for the firm's attorney development practice. While there he taught client development and created a coaching program for junior partners. In 2005, Mr. Parvin left the firm and started Cordell Parvin LLC. He now works with lawyers and law firms on career development and planning and client development. He is the co-author of *Say Ciao to Chow Mein: Conquering Career Burnout* and other books for lawyers. To learn more visit his Web site, www.cordellparvin.com or contact him at cparvin@cordellparvin.com.