

PASS IT ON!

Noteworthy news and information from Hardison & Cochran

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Thank You For Thinking of Us

As a way of keeping track of how people learn about our firm, when someone calls needing our services, we ask them a simple question. That question is, "How did you hear about us?" From time to time I look back through this information. After looking at the responses by our new callers in 2010, let me offer you a heart felt thank you from everyone at Hardison & Cochran to you our clients.

The reason for this thank you is because of the increased number of calls we are receiving from people who let us know they were referred to us by a former client. This means the world to us. A referral of our services is the greatest compliment that any client can give us. It lets us know that you believed enough in our abilities as attorneys that you are willing to let a family member or friend know about your experiences with us and trust that we will take care of them. Be assured that anyone who is referred to us will be treated with the same client satisfaction that we work hard to offer every single day. We pride ourselves on our client service and if you feel we are not meeting that promise, I welcome you to call me at the office by



We make it happen by putting you first.

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dialing 1-800-600-7969 or by e-mailing me at ben@lawyernc.com and we'll talk about it.

My best,

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www.asklawyernc.com and
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get answers by an attorney the
same day, confidentially and
with no obligation.

Our Newest Arrival

Workers' compensation case manager, Rachel Harper and her husband Jimmy have a new addition to their family! Tyler James Harper was born on November 9th, 2010. Tyler now joins his big sister Meagan in the Harper family.



Tyler James Harper



Thank you...

A referral from a former client or friend is the greatest compliment our firm can receive. We are grateful for every referral - below is a list of the people who recently referred a friend or family member to our firm. We would like to publicly thank each and every one of them by listing them in our newsletter. And again, we say, "Thank You!"

Victor Birch	Roy Graham	Martha Lassiter	Marco Molina	William Rhone	Phoebe Watts
William Brock	Linda Griffin	Lowell Lewis	Richard Moore	Carl Riggsbee	Lori Welch
George Brown	Anthony Harris	Evelyn Lowery	William O'Neil, III	Penny Rittenhouse	Elijah Winstead
Barbara Burnette	Perry Harrison	Linwood Matthews	Rodney Ormond	Lizette Rosa	James Zilmer
Ashley Clocher	Ronnie Holleman	Donna McBride	Alexander Osborne	Carolyn Silver	
Wilkie Dawkins	Russell Hollingsworth	Bruce McGhee	Charles Outlaw	Gwendolyn Smith	
Lorenzo Dickens	David Jacobs	Michael Meroney	Joshua Peterkin	Gwen Spivey	
Yvonne Engle	Janet Johnson	Lulong Miller	Donna Phelps	Lonnie Stroman	
Jerry Faison	Denise Jones	Bennie Mills	Joseph Prete	James Swearingin	
Darlene Godwin	Tina Lane	Marcos Miranda, III	Christopher Reams	Karen Varnot	

Medical Alert: DePuy ASR™ Hip Replacement Recall

In August 2010, DePuy Orthopaedics recalled two of their hip replacement systems. The recall has been issued for approximately 93,000 defective implants after it was found that the device was failing at a rate of 12%-15%. Due to this failure, many patients were requiring additional surgeries to revise the original hip replacement. The two implants being recalled are the ASR™ Acetabular Cup System and DePuy ASR™ Hip Resurfacing System. The DePuy ASR™ Acetabular Cup System is a metal-on-metal hip component used during a hip replacement surgery in the United States and worldwide. It was introduced in 2004. The ASR™ hip resurfacing system, which is used in a popular alternative to tradition hip replacement has not been approved in the United State but has been used abroad.

DePuy ASR™ Hip Replacement Problems:

Potential DePuy ASR™ hip lawsuits are being pursued for individuals who suspect that they may have received the metal-on-metal hip implant. Complications from the implant include:

- Unexplained Hip Pain
- Loosening of the DePuy ASR™ Hip
- Hip Failure
- Additional Hip Replacement or Revision Surgery
- Metal Toxicity

Financial compensation may be available for those individuals who received the metal-on-metal hip implant. If you are the recipient or you know a recipient of the DePuy ASR™ hip system you should speak with a personal injury attorney to understand your legal rights. DePuy Orthopaedics is contacting recipients, but we recommend that you understand your rights before you speak with them. Particularly, do not sign anything that may impair your ability to further recovery. If you have any questions please feel free to contact Hardison & Cochran at any time 24 hours a day for a free consultation. For more information on the DePuy ASR™ recall, please visit our frequently updated blog at www.north-carolina-lawyer-blog.com.

What's Cooking In Marilyn's Kitchen?

Southwest White Chicken Chili

Cook this dish for the Super Bowl on February 6th



Ingredients

- 1 tablespoon vegetable oil
- 4 (4 ounce) skinless, boneless chicken breast halves, cut into cubes
- 4 teaspoons chili powder
- 2 teaspoons ground cumin
- 1 large onion, chopped
- 1 medium green pepper, chopped
- 1 (10.75 ounce) can of Cream of Chicken Soup
- 3/4 cup water
- 1 1/2 cups frozen whole kernel corn
- 2 (15 ounce) cans white kidney beans (cannellini), rinsed and drained
- 2 tablespoons shredded Cheddar cheese

Directions

Heat the oil in a 4-quart saucepan over medium-high heat. Add the chicken, chili powder, cumin, onion and pepper and cook until the chicken is cooked through and the vegetables are tender, stirring often.

Stir the soup, water, corn and beans in the saucepan and heat to a boil. Reduce the heat to low. Cover and cook for 5 minutes, stirring occasionally. Sprinkle with the cheese.

5 Questions With: Clay Douglas



Q1. What is your favorite place to eat in Chapel Hill?

Buns. It's a hamburger and fries kind of place.

Q2. You're into boxing, who is the best boxer you have seen?

The best I have ever seen is Floyd Mayweather Jr.

Q3. What is the breakfast of champions?

Omelet with bacon, cheese, mushrooms, peppers, sausage, jalapenos and onions.

Q4. What is your favorite movie?

Gangs of New York

Q5. What is your favorite North Carolina Beach?

I like getting over to Ocracoke as much as possible.

SIX WAYS TO SAVE MONEY THIS WINTER

By: Dave R. Logan

Throw on some warm clothes, grab a blanket, and get ready to save some hard-earned money on your heating bills this winter. You've dealt with hefty heating bills in past winters. Perhaps this winter it's time to get serious about lowering your energy costs? Well, we've got some great advice for you today! Below are some key ways you can lower your heating bills when Old Man Winter comes knockin' on your (unsealed) door.

1. Schedule an energy audit. First thing's first: you need to get a quality professional out to thoroughly inspect your home and let you know where the energy inefficiencies are in your home. This is important and worth the money. A good energy audit should include a list (in order of top priority down) of solutions to any inefficiencies as well as the predicted amount of money you will save by making necessary changes.

2. Install a programmable thermostat. A programmable thermostat will save you money, keep the right rooms at the right temperature, and generally increase the comfort of your home. It's an easy do-it-yourself Project that will take an hour at the most.

3. Turn down your thermostat. If you don't already have a programmable thermostat (and aren't interested in buying one), then turn your thermostat DOWN. You have warm clothes, right? Well break out the sweaters, blankets, fleece pajamas, and slippers. Assume that you can save a single percent on your monthly heating bill every degree you lower your thermostat, provided your thermostat is turned down for a period of at least eight hours. Start with 68-70 degrees.

4. Seal your leaky windows. Ideally, you should replace your inefficient, single-pane windows with high-efficiency windows. However, if this isn't cost practical for you then, using caulking around appropriate areas of your existing windows to keep out cold drafts. You can also buy a "plastic kit," which will help, too. Typically, this involves attaching a sheet of plastic to the window's glass and sealing it off with a hair dryer. It's easy and it works.

5. Seal your leaky doors. Add a storm door. Look over your existing weather-stripping to see if it needs replaced. If it does, buy high-quality weather-stripping. It's inexpensive and you don't want to have to buy it twice in one season.

6. Insulate your attic. Seal your attic with spray foam to keep out any cold air penetrations from the basement or crawl space. Add the appropriate insulation to your attic (follow the Department of Energy's insulation tips). Finally, don't forget to add the quality weather-stripping to the attic scuttle door.

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& Cochran**
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Hardison & Cochran Employee Spotlight

Kim Oyler Intake Specialist

The first time you called Hardison & Cochran, there is a good chance that Kim Oyler fielded your call. Kim has been working in the



firm's call center since 2008. Being the first contact with our future clients is vital as you cannot make a first impression twice. With that being said, there is no doubt Kim's personality fits perfectly with her position. Saying she is a pleasure and easy to speak with is an understatement. She has a knack for putting people at ease.

A self described people person, Kim grew up in Dunn, North Carolina, but now resides in Benson, North Carolina. She is the mother of two daughters and grandmother of two with another grandbaby on the way. Her outlook on life is simple, "I love people and am devoted to my job. I will love life till the end and probably there after," she responded when asked about her philosophy on life. When Kim isn't in the Raleigh office fielding calls and putting smiles on co-workers' faces, she enjoys taking motorcycle rides across North Carolina. She also enjoys cooking and spending time with her grandchildren.

Referrals

We want you to think of us as your law firm.

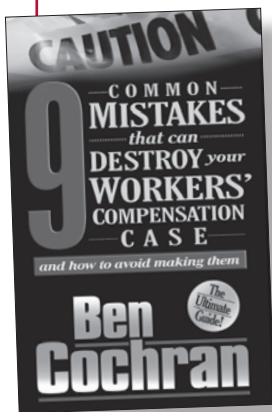
If you have a legal matter that needs attention, let us know. If we can't handle the matter, we will refer you to a firm that can. Please feel free to refer us to your friends and family for their legal needs. We welcome the opportunity to help.

The Law Firm with The Client Bill of Rights

We believe as our client you have the:

- 1) Right to talk to your attorney the same day you call.
- 2) Right to be updated regularly and in a timely manner as to the progress of your case.
- 3) Right to our respect.
- 4) Right to expect competence from our firm and all who work here.
- 5) Right to know the truth about your case.
- 6) Right to prompt attention from us.
- 7) Right to have your legal rights and options explained in plain English without legal mumbo jumbo.
- 8) Right to a fair written fee agreement with our firm.
- 9) Right to a fair fee for the work we do.
- 10) Right to make the ultimate decision on your case.

Hardison & Cochran Books For FREE



Ben has written a new book that the insurance companies hate - 9 Common Mistakes that can Destroy your Workers' Compensation Case and how to avoid making them.

You can get your FREE copy by calling: 1-800-600-7969 and give them your name and address and it will be mailed to you.

We guarantee you will learn something new by reading this new book!

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We make it happen by putting you first.

We're Now Hardison & Cochran

If you have called our offices or spotted our new commercials on TV in the last couple of months, you may have noticed something a little different about our logo and our name. We are now Hardison & Cochran. Other than the name, not much has changed. Our practice is still focused on our clients and making sure they are satisfied every step of the way.

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